

**SUMY STATE UNIVERSITY  
MEDICAL INSTITUTE  
Department of Family medicine  
with Propedeutics of Internal Medicine and Endocrinology**

**MEDICAL CARD**

Name, surname of the patient

\_\_\_\_\_

Clinical diagnosis: main diagnosis \_\_\_\_\_

\_\_\_\_\_

Complication \_\_\_\_\_

\_\_\_\_\_

Concomitant diseases \_\_\_\_\_

\_\_\_\_\_

Mark for the writing

\_\_\_\_\_

Curator

\_\_\_\_\_

The group \_\_\_\_, the course \_\_\_\_\_

Mark for the defense

\_\_\_\_\_

## I. COMPLAINTS

Main: \_\_\_\_\_  
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\_\_\_\_\_  
\_\_\_\_\_  
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Additional: \_\_\_\_\_  
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\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## II. ANAMNESIS OF THE DISEASE

The onset of disease acute, subacute, gradually (the necessary underline).

The duration of the diseases is \_\_\_\_\_.

What preceded the disease

\_\_\_\_\_  
\_\_\_\_\_

The development of disease \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

The previous treatment (if it was presence):

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

The effect of previous treatment \_\_\_\_\_  
\_\_\_\_\_

The reason of hospitalization \_\_\_\_\_  
\_\_\_\_\_

### III. ANAMNESIS VITAE

The patient had such diseases (before admission)

\_\_\_\_\_

Housing conditions are satisfactory or not satisfactory (the necessary underline)

\_\_\_\_\_.

Type of job \_\_\_\_\_

Character of nutrition \_\_\_\_\_

\_\_\_\_\_.

Smoking \_\_\_\_\_

Alcohol intake \_\_\_\_\_

Allergological history \_\_\_\_\_

Presence of allergy symptoms \_\_\_\_\_.

The intolerance of products \_\_\_\_\_,

that accompanied with \_\_\_\_\_,

The intolerance of medicament (drug) \_\_\_\_\_

that accompanied with \_\_\_\_\_.

Prophylactic vaccinations \_\_\_\_\_.

\_\_\_\_\_

The nearest relatives have such chronic somatic illnesses \_\_\_\_\_

\_\_\_\_\_.

genetically illnesses \_\_\_\_\_,

allergic reactions \_\_\_\_\_.

### OBJECTIVE EXAMINATION

The patient's general condition is extremely grave, grave, moderately grave, satisfactory, good (the necessary underline).

The consciousness is clear, sopor, stupor, coma (the necessary underline).

The mental state is (not) adequate or not adequate (the necessary underline).

Position of the patient in bed is active, passive, forced (attitude) (the necessary underline).

The patient is asthenic, hyposthenic, hypersthenic constitution (the necessary underline).

The patient is of regular, irregular body build (the necessary underline)

\_\_\_\_\_

Anthropometrical measurements

Weight, kg \_\_\_\_\_

Height, cm \_\_\_\_\_

BMI \_\_\_\_\_

The skin and mucous membranes

Colour of a skin \_\_\_\_\_

lip-nose triangle \_\_\_\_\_, cyanoses \_\_\_\_\_

Rashes (colour, characteristic lesions, localization, size, presence of warmth, itching, type of distribution)

Surface of a skin is (smooth, velvety, rough, dry, moist) \_\_\_\_\_.

The elasticity of the skin is \_\_\_\_\_.

Temperature of a skin \_\_\_\_\_.

Sensitivity of the skin: temperature \_\_\_\_\_, pain \_\_\_\_\_, tactile \_\_\_\_\_.

Nails: (shape, colour, thickness, quality) \_\_\_\_\_.

Hair: (color texture, quality, distribution, and elasticity) \_\_\_\_\_

Mucous membranes of a mouth (colour, moisture, presents of lesions) \_\_\_\_\_

Gums: (colour, presents of lesions, ability to bleeding) \_\_\_\_\_  
\_\_\_\_\_. Conjunctiva and sclera of eyes \_\_\_\_\_

The subcutaneous fat is distributed \_\_\_\_\_.

The skin fold thickness is \_\_\_\_\_ cm on abdomen, \_\_\_\_\_ cm under the scapula, \_\_\_\_\_ cm on the shoulder, \_\_\_\_\_ cm on thigh. The oedema \_\_\_\_\_.

The skin turgor is kept, decreased, flabby (the necessary underline).

Lymphatic system

Such groups of lymph nodes are palpable (describe each group according their localization, quantity, size, shape, mobility, consistency (elastic or dense), temperature, tenderness and visible change of enlarged nodes)

The tonsils. The stage of enlargement of the tonsils \_\_\_\_\_ they are reddened, loose, and tender on palpation (the necessary underline). Presence of haemorrhages \_\_\_\_\_, pus in the crypts \_\_\_\_\_, erosions \_\_\_\_\_ ulcers \_\_\_\_\_, the tonsils are covered with a \_\_\_\_\_ (colour) film in size \_\_\_\_\_ cm.

Muscular system

The development of muscles is satisfactory, well-developed; symmetric, asymmetric (the necessary underline), presence of atrophy on

\_\_\_\_\_  
Muscular tone is \_\_\_\_\_, hypotonic of \_\_\_\_\_,  
atony of \_\_\_\_\_,  
hypertonic \_\_\_\_\_,  
presence of muscular dystonia \_\_\_\_\_.  
The range of motions is \_\_\_\_\_

\_\_\_\_\_  
The strength of muscles \_\_\_\_\_.  
Presence of pain during palpation of the muscles \_\_\_\_\_.  
Presence of infiltrations or consolidation of \_\_\_\_\_  
groups muscles.

### Bone system

Head shape is \_\_\_\_\_  
Chest is conical, cylindrical, asthenic, normosthenic, hypersthenic, symmetrical, asymmetrical, barrel, funnel, keeled, phthinoid, rachitic breast (the necessary underline).  
Beading of the ribs \_\_\_\_\_. An epigastric angle \_\_\_\_\_ degrees.  
Spine (physiological curvatures, scoliosis and hypnosis) \_\_\_\_\_

\_\_\_\_\_  
The extremities are \_\_\_ symmetrical, \_\_\_ deformed with deformation \_\_\_\_\_,  
anomalies of development \_\_\_\_\_,

\_\_\_\_\_  
The feet are \_\_\_\_\_ normal with deformations \_\_\_\_\_

\_\_\_\_\_  
The joints (shape, size, temperature, the range of motion, tenderness, swelling, the change of the skin over them) \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### Cardiovascular system

Inspection: During inspection of the chest bulging \_\_\_\_\_ noted on left side, visible pulsation \_\_\_\_\_ seen, in \_\_\_\_\_ intercostals space \_\_\_\_\_ line, epigastric pulsation \_\_\_\_\_ visible. Distended and pulsated neck veins \_\_\_\_\_ visible during inspection of the neck. Cyanosis \_\_\_\_\_  
\_\_\_\_\_  
edema \_\_\_\_\_,  
\_\_\_\_\_

Palpation: The apical or cardiac beat (the necessary underline). is located in \_\_\_\_\_ intercostals space \_\_\_\_\_ line, area \_\_\_\_\_ cm, is positive or negative (the necessary underline).

Systolic or diastolic vibratory thrills (the necessary underline) \_\_\_\_\_ palpable at \_\_\_\_\_.

Pericardial friction rubs \_\_\_\_\_.

Arterial pulse rate is \_\_\_\_\_ beats per minute; is rhythmic, arrhythmic; is synchronic, asynchronic; is full, swift, galloping, large, small, soft, tense, thread (the necessary underline); pulse deficit \_\_\_\_\_.

Blood pressure of upper extremities^

Systolic \_\_\_\_\_ mm Hg

Diastolic \_\_\_\_\_ mm Hg,

of lower extremities

Systolic \_\_\_\_\_ mm Hg

Diastolic \_\_\_\_\_ mm Hg.

Border's of hearts relative dullness:

Right \_\_\_\_\_

Upper \_\_\_\_\_

Left \_\_\_\_\_

Transversal size \_\_\_\_\_

Border's of hearts absolute dullness

Right \_\_\_\_\_

Upper \_\_\_\_\_

Left \_\_\_\_\_

Transversal size \_\_\_\_\_

Auscultation: the heart sounds strong, weakened, muffled, rhythmical, arrhythmic (the necessary underline), \_\_\_\_\_ beats per min. S1 is heard loudest at the \_\_\_\_\_ of the heart, S2 is heard loudest at the \_\_\_\_\_ of the heart. Presence of accent \_\_\_\_\_ . Presence of organic, functional, systolic, diastolic, holosystolic, (the necessary underline) murmurs, place of the best auscultation \_\_\_\_\_

duration \_\_\_\_\_, intensity \_\_\_\_\_, timbre \_\_\_\_\_

\_\_\_\_\_ , conductance \_\_\_\_\_

evaluation of its intensity in relationship to the patient's position

\_\_\_\_\_ .  
Extracardiac murmurs \_\_\_\_\_ (pericardial friction rubs, pleurocardiac), localization \_\_\_\_\_.

During auscultations of carotic, subclavicular, femoral arteries, abdominal aorta, jugular veins are heard \_\_\_\_\_ sounds, \_\_\_\_\_ murmurs.

### Respiratory system

Cyanosis of nasolabial triangle, per oral region, nails plates, acrocyanosis \_\_\_\_\_ in rest or during physical exercises (the necessary underline).

Nasal breathing is free, difficult, absent (the necessary underline).

Voice is normal, hoarse, soundless, snuffling, silent, aphonic (the necessary underline).

Cough \_\_\_\_\_ present, dry, moist, troublesome, brassy paroxysmal cough, pertussis-like, barking cough, constant, cough of mucus, cough of pus, blood spitting (the necessary underline), frequent in \_\_\_\_\_ time of day. Dyspnoea, asphyxia \_\_\_\_\_ occurs in rest, during physical exercises (the necessary underline). Chest has cylindrical, conical, asthenic, normosthenic, hypersthenic, symmetrical, asymmetrical \_\_\_\_\_, barrel, funnel, keeled, phtinoid, rachitic breast.

The intercostals spaces are \_\_\_\_\_.

Movements of each parts of the chest are symmetrical, asymmetrical (the necessary underline) \_\_\_\_\_.

Marked retraction of intercostal, suprasternal supraclavicular (the necessary underline) muscles \_\_\_\_\_ noted. Type of breathing is thoracic, abdominal, combined (the necessary underline). Dyspnea is absent, inspiratory, expiratory, mixed (the necessary underline). The respiration rate is \_\_\_\_\_ per minute (normal, tachypnea, bradypnea).

The breathing is regular, irregular, deep, hard (difficult), paradoxical, periodic, shallow, interrupted, whistling, stridulous, stenotic, Kussmaul's breathing, Cheyne-Stokes respirations, Biot's breathing (the necessary underline).

Palpation: Pain is \_\_\_\_\_ in maxillary and frontal sinuses. Pain in chest \_\_\_\_\_ during palpations. Vocal fremitus is normal, decreased, increased, absent \_\_\_\_\_

\_\_\_\_\_

Pleural friction rubs, crepitation \_\_\_\_\_.

In comparative percussion of the chest is heard \_\_\_\_\_

### In topographic percussion

The lower costal edge of the lungs

Right lung:

Parasternal line \_\_\_\_\_

Midclavicular line \_\_\_\_\_

Anterior axillary line \_\_\_\_\_

Midaxillary line \_\_\_\_\_

Posterior axillary line \_\_\_\_\_

Scapularis line \_\_\_\_\_

Paravertebral line \_\_\_\_\_

Left lung:

Parasternal line \_\_\_\_\_

Midclavicular line \_\_\_\_\_

Anterior axillary line \_\_\_\_\_

Midaxillary line \_\_\_\_\_

Posterior axillary line \_\_\_\_\_

Scapularis line \_\_\_\_\_

Paravertebral line \_\_\_\_\_

The excursion of the lower edge of the lung (at scapularis line) is \_\_\_ cm on left, \_\_\_ cm on right.

The location of the apex of the lung \_\_\_\_\_

Auscultation of the lungs: the breathing is \_\_\_\_\_

presence of rales, rhonchi and crepitations \_\_\_\_\_

Bronchophony is \_\_\_\_\_.

Digestive system

Inspection: The colour of mucous membranes of oral cavity is \_\_\_\_\_, dry or moist (the necessary underline), incrustation (coating) \_\_\_\_\_, fissure and aphtha \_\_\_\_\_, colour of the tongue is \_\_\_\_\_, coated with \_\_\_\_\_ fur, state of papilla of tongue \_\_\_\_\_, dry, moist, atrophic, smooth, enlarged, normal size (the necessary underline). Colour of tonsils is \_\_\_\_\_, coating \_\_\_\_\_, moisture \_\_\_\_\_, fissure and aphtha \_\_\_\_\_.

The odour from oral cavity \_\_\_\_\_

In vertical position the abdomen has normal shape, distended, scaphoid, pendulous, symmetrical or asymmetrical (the necessary underline), enlarged because of \_\_\_\_\_, moves or doesn't, move with breathing, visible peristalsis \_\_\_\_\_, the umbilicus is centrally located, is flatten, inverted, everted, displaced upwards (the necessary underline).

In horizontal position the abdomen has \_\_\_\_\_ shape, moves or doesn't move with breathing, abdominal circumference \_\_\_\_\_ cm, the umbilicus is centrally located, is flatten, inverted, everted, displaced upwards (the necessary underline). Distended veins of the anterior abdominal wall \_\_\_\_\_, "caput Medusa"

In superficial palpation there is soft, mild, moderate, demonstrable, board-like muscular tension of anterior abdominal wall (the necessary underline). Hyperesthesia



\_\_\_\_\_, the divergence of straight muscles \_\_\_\_\_ present, the tumour \_\_\_\_\_ present in region \_\_\_\_\_. Blumberg's sign is positive or negative; painless, extreme tenderness in McBurney's point (the necessary underline). Deep palpation according to Obraztsov-Strazhesko

Sigmoid colon is localized in \_\_\_\_\_, \_\_\_\_\_ shape, \_\_\_\_\_ size (cm), \_\_\_\_\_ consistence, \_\_\_\_\_ character of surface, \_\_\_\_\_ painfulness, \_\_\_\_\_ movable, \_\_\_\_\_ murmurs.

Caecum is localized in \_\_\_\_\_, \_\_\_\_\_ shape, \_\_\_\_\_ size (cm), \_\_\_\_\_ consistence, \_\_\_\_\_ character of surface, \_\_\_\_\_ painfulness, \_\_\_\_\_ movable, \_\_\_\_\_ murmurs.

Colon transverses is localized in \_\_\_\_\_, \_\_\_\_\_ shape, \_\_\_\_\_ size (cm), \_\_\_\_\_ consistence, \_\_\_\_\_ character of surface, \_\_\_\_\_ painfulness, \_\_\_\_\_ movable, \_\_\_\_\_ murmurs.

Colon ascenders: is localized in \_\_\_\_\_, \_\_\_\_\_ shape, \_\_\_\_\_ size (cm), \_\_\_\_\_ consistence, \_\_\_\_\_ character of surface, \_\_\_\_\_ painfulness, \_\_\_\_\_ movable, \_\_\_\_\_ murmurs.

Colon descendent is localized in \_\_\_\_\_, \_\_\_\_\_ shape, \_\_\_\_\_ size (cm), \_\_\_\_\_ consistence, \_\_\_\_\_ character of surface, \_\_\_\_\_ painfulness, \_\_\_\_\_ movable, \_\_\_\_\_ murmurs.

Mendel's symptom is positive or negative (the necessary underline).

The liver \_\_\_\_\_ palpable, \_\_\_\_\_ tender, is extended \_\_\_\_\_ cm below the costal margin, shape of edge is sharp, rounded, smooth, elastic, firm (the necessary underline).

Ortner's symptom is \_\_\_\_\_, Ker's symptom is \_\_\_\_\_, Murphy's symptom is \_\_\_\_\_, Mussi-Georgievsky's symptom is \_\_\_\_\_.

The spleen \_\_\_\_\_ palpable, \_\_\_\_\_ tender, is extended \_\_\_\_\_ cm below the costal margin, shape of edge is sharp, rounded, smooth, elastic, firm (the necessary underline).

The pancreas \_\_\_\_\_ palpable, \_\_\_\_\_ consistency, \_\_\_\_\_ tender, smooth, elastic, firm (the necessary underline).

In auscultation intestinal peristalsis is absent, sluggish, increased, not impaired, (the necessary underline).

Stool is \_\_\_\_\_ time per day, formed, liquid, semi-liquid, regular, irregular (the necessary underline), \_\_\_\_\_ colour, with or without an admixing \_\_\_\_\_.

## Urinary system

Inspection: \_\_\_\_\_ oedema on legs \_\_\_\_\_, face, sacral part, on the lower part of abdomen. The colour of lumbar region is \_\_\_\_\_. The odour of urine is \_\_\_\_\_ Examination of sacral area, lower abdominal part (changing of the color of the skin \_\_\_\_\_, protrude \_\_\_\_\_, edema \_\_\_\_\_, asymmetry \_\_\_\_\_).

Kidneys \_\_\_\_\_ palpable in vertical or horizontal position, \_\_\_\_\_ shape, \_\_\_\_\_ consistency, \_\_\_\_\_ movable, \_\_\_\_\_ tender, smooth, firm (the necessary underline). Pasternatsky's symptom is \_\_\_\_\_ on right, \_\_\_\_\_ on left side. Urinary frequency \_\_\_\_\_ per day, Daily urine flow \_\_\_\_\_ ml, proportion between day and night diuresis \_\_\_\_\_. Presence of uncontrolled urinations \_\_\_\_\_.

### Endocrine system

Examination: face expression \_\_\_\_\_, presence of the eyes symptoms \_\_\_\_\_, changes of anterior cervical surface \_\_\_\_\_. The level of development subcutaneous fat is \_\_\_\_\_. Thyroid gland \_\_\_\_\_ palpable, of \_\_\_\_\_ stage, \_\_\_\_\_ surface, \_\_\_\_\_ consistence, \_\_\_\_\_ pain.

### Nervous system

The consciousness is kept, stupor, sopor, is absent (the necessary underline). The mental development \_\_\_\_\_ corresponds to the age of patient. Reaction on environmental is does not adequate (the necessary underline). Dream is isn't quiet (the necessary underline).

Nystagmus is \_\_\_\_\_ horizontal, vertical. Pupils are (un)equal in size; presence of mydriasis, miosis (the necessary underline). The light reflex is retained (absent). The coordination of movement \_\_\_\_\_ kept.

The pain sensitivity is kept, (is absent, hyperesthesia, hypoesthesia) (the necessary underline). Tactile sensitivity is kept (is absent, pathologic) (the necessary underline). Thermoesthesia is kept (is absent, pathologic) (the necessary underline). Vibration sensation is kept (is absent, pathologic) (the necessary underline).

### Substantiation of the preliminary diagnosis

On the establishment of the patient's complaints \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Anamnesis morbi \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



The plan of examination of the patient

- 1) \_\_\_\_\_
- 2) \_\_\_\_\_
- 3) \_\_\_\_\_
- 4) \_\_\_\_\_
- 5) \_\_\_\_\_
- 6) \_\_\_\_\_
- 7) \_\_\_\_\_
- 8) \_\_\_\_\_
- 9) \_\_\_\_\_
- 10) \_\_\_\_\_
- 11) \_\_\_\_\_
- 12) \_\_\_\_\_

Results of additional methods of examination

Clinical blood test:

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Glucose test:

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Clinical urine test

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Stool test

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Analysis of feces on worm ova

ECG:

Rhythm sinus, nonsinus

Heart rate

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Angle alfa

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Electrical axis

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P-wave duration \_\_\_\_\_

P-Q interval duration \_\_\_\_\_

QRS-complex duration \_\_\_\_\_

Another changes

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Conclusion \_\_\_\_\_

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Other methods of examination \_\_\_\_\_

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USD \_\_\_\_\_

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Endoscopies examination of \_\_\_\_\_

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X-ray examination \_\_\_\_\_

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Differential the diagnosis

Horizontal lines for writing differential diagnosis.

Clinical diagnosis

On the establishment of the patient's complaints \_\_\_\_\_

Horizontal lines for writing clinical diagnosis.

Anamnesis morbi \_\_\_\_\_

Horizontal lines for writing anamnesis morbi.

Anamnesis vitae \_\_\_\_\_

Horizontal lines for writing anamnesis vitae.

Data of objective examinations \_\_\_\_\_

Horizontal lines for writing data of objective examinations.

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Data of additional methods of examination \_\_\_\_\_

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It possible to make clinical diagnosis:

Main diagnosis \_\_\_\_\_

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Complications

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Concomitant diseases

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Treatment of the patient

Regimen \_\_\_\_\_

Diet № \_\_\_\_\_

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The menu for infant:

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Medicament treatment:

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Physiotherapeutic measures:

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Epicrisis

The patient \_\_\_\_\_  
\_\_\_\_\_ age, \_\_\_\_\_ date of birth, home address \_\_\_\_\_  
\_\_\_\_\_ received treatment in \_\_\_\_\_  
\_\_\_\_\_ from \_\_\_\_\_ 200\_ on \_\_\_\_\_ 200\_ with the diagnosis  
of: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



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The general state and data of objective examination of the patient on admission (shortly)

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Data of additional methods of examination

Clinical blood test:

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Glucose test:

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Biochemical blood test

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Clinical urine test

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Stool test

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Analysis of feces on worm ova

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ECG:

Conclusion

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Other methods of examination

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Prescribed treatment

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Dynamic of the main syndromes during treatment; the objective state of the patient at the moment of his discharge from the hospital

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Recommendations:

1. Diet № \_\_\_\_\_
2. Regimen \_\_\_\_\_
3. Medical measures \_\_\_\_\_

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4. Recommendations: \_\_\_\_\_

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Literature

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The curator (signature) \_\_\_\_\_